

# CANORA COMPOSITE SCHOOL

# NEWSLETTER



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Caring, Cooperative, Supportive

Issue 3, October 2023



**Thank You TCRC Division 825 for your donation to our Breakfast Cart!**

**Pictured above is Derek Serdachny, Vice Principal at CCS with Dale Popoff, President of Division 825 Canora.**

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## IMPORTANT DATES:

Nov. 9—Term 1 Ends

Nov. 10—NO SCHOOL

Nov. 13—NO SCHOOL

(In Lieu of Remembrance Day)

Nov. 14—Term 2 Begins

Nov. 22 & 23—Student Led Conferences

Dec. 21—Jan. 3—Christmas Break

## Cross Country Provincials

L-R: Kaelyn Shukin, Danielle Dutchak, Jack Craig, Ty Lemaigre, Andrew Sliva, Pierre Rollin, Henry Craig



# Saltcoats Autumn Summit Cross Country Results from September 29th

**U10 Boys 2km out of 90 runners**

- Logan Menton—49th 11:35

**U10 Girls 2km out of 52 runners**

- Cora Tomcala—31st 12:22

**U11 Boys 2km out of 62 runners**

- Drew Kitchen—7th 8:53

- Camryn Bury—43rd 11:37

**U11 Girls 2km out of 47 runners**

- Hannah Dutchak—16th 10:47

- Talia Collingridge—19th 11:03

**U12 Boys 3km out of 51 runners**

- Karter Shukin—4th 12:52

(Personal Best)

- Raphael Rollin—48th 20:09

**U12 Girls 3km out of 38 runners**

- Angel Sliva—4th 14:09

(Personal Best)

- Maggie Lemaigre—17th 16:56

(Personal Best)

- Tarryn Tratch—24th 17:47

(Personal Best)

**U13 Boys 3km out of 38 runners**

- William Sliva—16th 14:32

(Personal Best)

- Reid Kitchen—33rd 17:56

**U13 Girls 3km out of 23 runners**

- Madison Dutchak—14th 17:13

- Claire Ruf—17th 18:01

- Tessa Prychak—20th 20:48

**U15 Girls 3km out of 8 runners**

- Kaelyn Shukin—2nd 14:32

(Personal Best)

- Danielle Dutchak—8th 17:45

(Personal Best)

**U16 Boys 4km out of 8 runners**

- Andrew Sliva—3rd 17:32

- Ty Lemaigre—4th 17:42

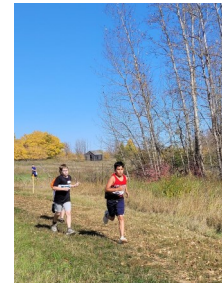
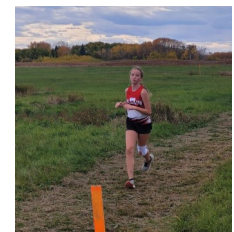
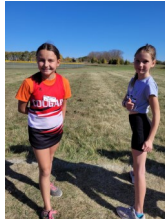
- Henry Craig—5th 18:01

- Pierre Rollin—8th 21:05

**Over 16 Boys 5km out of 8 runners**

- Jack Craig—5th 23:00

(Personal Best)



## District Cross Country Results at Carlton Trail Regional Park from October 11th!

It was a fantastic day to race. The weather was perfect for our runners and Carlton Trail Regional Park is a beautiful trail for the athletes to run on. We brought home some medals, ribbons, smiles and healthy kids. As coaches we are so proud of this group of kids for all of their hard work and dedication. Cross Country running is not easy and you only have yourself to drive your ambition, and maybe a coach or two cheering you on! It has been a really positive and rewarding season.

Mr. Lowes and Mrs. Kitchen



### **U10 Boys 2km out of 90 runners**

- Logan Menton—49th 11:35

### **U10 Girls 2km out of 52 runners**

- Cora Tomcala—31st 12:22

### **U11 Boys 2km out of 62 runners**

- Drew Kitchen—7th 8:53

- Camryn Burym—43rd 11:37

### **U11 Girls 2km out of 47 runners**

- Hannah Dutchak—16th 10:47

- Talia Collingridge—19th 11:03

### **U12 Boys 3km out of 51 runners**

- Karter Shukin—4th 12:52

(Personal Best)

- Raphael Rollin—48th 20:09

### **U12 Girls 3km out of 38 runners**

- Angel Sliva—4th 14:09

(Personal Best)

- Maggie Lemaigre—17th 16:56

(Personal Best)

- Tarryn Tratch—24th 17:47

(Personal Best)

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- William Sliva—16th 14:32

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- Claire Ruf—17th 18:01

- Tessa Prychak—20th 20:48

### **U15 Girls 3km out of 8 runners**

- Kaelyn Shukin—2nd 14:32

(Personal Best)

- Danielle Dutchak—8th 17:45

(Personal Best)

### **U16 Boys 4km out of 8 runners**

- Andrew Sliva—3rd 17:32

- Ty Lemaigre—4th 17:42

- Henry Craig—5th 18:01

- Pierre Rollin—8th 21:05

### **Over 16 Boys 5km out of 8 runners**

- Jack Craig—5th 23:00

(Personal Best)

# Provincial Cross Country Results from Douglas Park in Regina October 14th!

It was a fantastic day! The weather was a little cool but once the runners got going they didn't notice it. In fact, it may have been a huge benefit to our runners because it made them run faster. Each of our runners had a personal best time for their races, which as coaches, is exactly what we want to happen when attending a Provincial competition. We want our runners to peek at the most important moment!

As coaches, and as a CCS School Community, we are very proud of each of these runners for representing Canora Composite School and East Central District in a very positive way! We can't wait to see everyone next season!

Mr. Lowes and Mrs. Kitchen



## **Intermediate Girls 3km out of 93 runners**

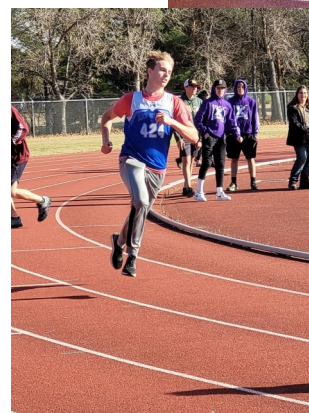
- \* Kaelyn Shukin 35th 13:33 (Personal Best)
- \* Danielle Dutchak 90th 16:59 (Personal Best)

## **Junior Boys 4km out of 106 runners**

- \* Ty Lemaigre 54th 16:24 (Personal Best)
- \* Andrew Sliva 66th 16:45 (Personal Best)
- \* Pierre Rollin 75th 17:24 (Personal Best)
- \* Henry Craig 76th 17:24 (Personal Best)

## **Senior Boys 5km out of 107 runners**

- \* Jack Craig 94th 22:19 (Personal Best)





Grades 5A, 5B, 6A, & 6B all created and painted Every Child Matters stepping stones during Truth and Reconciliation week. After the above group photo was taken they placed them throughout the school yard and green space.

The CCS School Community Council is currently looking for **Volunteers** at any of the upcoming events.



- Each year the SCC hosts a Christmas meal for all students and staff on the last day of school before the break— this year being Dec 20<sup>th</sup>. We are looking for help cooking, serving and cleaning.
- We are also planning a community wide Supper Fundraiser with proceeds going towards the new kitchen supplies. A date hasn't been finalized but will likely be sometime after the February break. We are looking for help planning, cooking, serving, and cleaning.
- We will be hosting an assortment of raffles and auctions of items at the Supper Fundraiser and we are looking for help with planning, collecting donations and running the auctions.
- We have on-going side projects such as collecting for food hampers and breakfast program donations. We are looking for help with gathering donations \* and sometimes organizing small projects.

All of these events and opportunities are meant for the benefit of our students and staff and together our community can support their success! We are looking for all volunteers from the community that aim to help achieve this, whether it is a one time commitment or an ongoing dedication. If any of these events are of interest to you or if you wish to join the council on a regular basis please contact Tracey Bletsky, Secretary of the CCS School Community Council or by calling the school directly and leaving a message for her.

Tracey Bletsky, Secretary of CCS SCC

Cell: 306-563-7278

Email: [rtbletsky@sasktel.net](mailto:rtbletsky@sasktel.net)

**NEW MEMBERS WELCOME**

\* CASH DONATIONS ARE ACCEPTED



# NATIONAL JERSEY DAY

#SchoolSportJerseyDay

## NOVEMBER 8, 2023



Show your support for School Sport across Canada!  
"Wear Your Jersey to School or Work"



On Wednesday, November 8th, School Sport Canada is supporting a national day to show your love and support for sport by wearing a sport jersey to school, work or play.

Join the school sport associations across Canada to show your support for sport and to spread the word in your school!



From municipal council chambers to office buildings and classrooms across the nation, we envision a sea of Canadians wearing their hearts on their sleeves on National Jersey Day.



# Senior Volleyball



**L-R Back: (Coach) Ms. Maurer, Saphira Anaka, Katherine Hauber, Ava Love, Jesse Kopelchuk, Falyn Ostafie, Miah Ruf, Cairwyn Bailey, Jada Nordin**

**Front: Sofia Tratch, Makayla Heshka, Shayna Leson, Brenna Reine, Irena Yannoulis**

**Missing: (Assistant coach) Brianne Murray**



**L-R Back: (Coach) Ms. Rock, Ira Mykytyshyn, Briel Beblow, Hunter Lamb, Jace Wolos, Tucker Mydonick, Wil Krotenko, (Assistant coach) Jodie Kowalyshyn**

**Front: Bronson Heshka, Nate Wolos, Porter Wolkowski, Matthew Makowsky, Lucas Latham**

# Junior Volleyball



Volleyball was a popular extra curricular sport this year. With the large number of girls they were split up into two teams. The picture on the left is the red team coached by Mr. and Mrs. Baillie.

The picture on the right is of the black team who were coached by Mr. Turchinetz. Also, pictured below is the junior boys team coached by Mrs. Volke and Ms. Gordon.



*Go Cougars!*

# Peewee Volleyball



Both the girls and boys peewee teams were coached by Mr. Nielson and Mrs. Baillie this year.

# Senior Golf



Senior Golf Districts were hosted in Melville  
Briel Beblow placed 2nd bringing home a silver medal.

Above Photo L-R: Liam Trask, Briel Beblow, Nate Wolos, Mr. Nielson, Rhett Ludba, Ty Sleeva